

Knowsley Carers Centre

Charity No. 1082311

March 2022

A Network Partner of

**CARERS
TRUST**



For two years now our lives seem to have been dominated by the pandemic; Covid has had an impact on all of us. Some are grieving for a loved one who can't be replaced but for many what's been lost is the sense of connection with others in the community.

Picking up the pieces of the life we lived before Covid can be a challenge and perhaps a little daunting. Many of us have lost contact with groups we used to attend and the people we used to bump into in the course of everyday life. Many people report feeling more isolated and are looking for ways to give their lives a bit of a reboot. For

those of us who have a caring role we might find it more difficult to find people to share some time with at the right time for us. We can easily get out of the habit of going places and doing the things that we enjoy. Now it's time to Just Connect






Just Connect is about making links with others through a project that offers a simple way to get back in touch with what's going on. By calling **0800 073 1202** the Healthy Knowsley Team will be able to offer access to one of the services in the Just Connect offer detailed below or help you find what's right for you from our activities directory which contains information

To access services from Knowsley Carers Centre please Tel 0151 549 1412 leaving clear contact details or email to enquiries@knowsleycarers.co.uk

about services and activities across the borough. Whoever you are, there will be something for you.

The Just Connect project is supported by the National Better Mental Health Fund and is guided by the Five Ways to Wellbeing; a set of steps that can help you achieve a good level of wellbeing.

The five ways are

-  **Connect**
-  **Be Active**
-  **Take Notice**
-  **Keep Learning**
-  **Give**



There's nothing to lose. You may find one of the services below of particular interest to you but in any case give us a call on 0800 073 1202 and let's get you tapped in to what works for you.

Pass it on Please pass the phone number on to other community members who you think might need to Just Connect

What can Just Connect do for you?

CORE

The CORE project at Better Lives provides one-to-one weekly companionship for older people in their own home



Join our Love to Move sessions. An innovative age and dementia friendly seated exercise session, designed to provide cognitive and physical benefits to help you keep well. Carers can use other onsite facilities during this time if they wish, to enable you to keep well too.



Knowsley Carers Centre provides a befriending service for carers, activities and trips out to bring carers together and make connections.



The Healthy Knowsley team can put you in touch with lots of other activities taking place across the borough to help you;
Connect • Be Active • Take Notice • Keep Learning • Give



Phone Just Connect on 0800 073 1202 today and make tomorrow better.

Supported by the National Better Mental Health Fund



call 0151 449 3706

Companions – Options – Respect – Excellence

Core is a new service from Better Lives (formerly KPAIS) and a natural extension of our successful SHOP service, providing practical support for people in their own homes, to achieve greater independence through valued support.

CORE will provide dedicated One-to-One Supporters to build relationships with people, help them to regain confidence in getting back to some social activities after Covid restrictions, or spend quality time

with them in their homes. Each partnership will be individually tailored to the needs of the person, always embodying options, respect and excellence – the key tenets of all of our delivery.

The services within this project are free at the point of use to the people who need it. The CORE project is specifically aimed at people who are experiencing loneliness and isolation through the experiences of Covid-19 and is supported by the National Better Mental Health fund until the end of May 2022.

Please contact us on 0151 449 3706 for further information or to make a referral into this project.

BETTER LIVES



Activity Group

Knowsley



New dates for 2022

Our activity group is a structured group based around a variety of engaging activities. We also include a regular Love to Move light exercise session (see overleaf). Activity groups are also a chance to relax and socialise.

Our activity group is for people living with dementia, and a carer or companion is welcome to attend. Refreshments are provided.

Knowsley Activity Group is run **fortnightly** from **1pm - 2.30pm**



Whiston Town Hall

Old Colliery Road

Whiston

L35 3QX



(Next to the Primary Care Resource Centre off Dragon Lane)

Wednesday 13th & 27th April 2022

Wednesday 11th & 25th May 2022

Wednesday 8th & 22nd June 2022

For more information please contact us on **0151 420 8010** or
knowsley@alzheimers.org.uk

Dementia Voice Group

Have your say!

Are you living with a diagnosis of dementia or supporting someone who is?

We want to hear from people with lived experience of dementia and their friends and families. Join our group to meet new people, find out what's happening in Knowsley and have your say.

You're invited to give feedback and share your experiences, about all aspects of living with dementia in Knowsley. This will help us to make Knowsley a more dementia friendly community and improve existing services.

Meetings will take place every 2 months and will last around 1.5 hours. Refreshments will be provided.

Use your voice, meet new people and get involved

Monday 25th April , 27th June, 22nd August

1pm-2.30pm

Willow House, 168 Dragon Lane, Whiston L35 3QY

Contact us to book a place or find out more on:

0151 426 4433 or knowsley@alzheimers.org.uk



Mersey Care
NHS Foundation Trust



Have your say on the future of Aston Healthcare GP practices



Aston Healthcare provides primary care medical services to over 24,000 patients across Huyton, Kirkby, Halewood, Whiston in Knowsley, and Liverpool. The services are provided from six separate Aston Healthcare locations.

We have been informed by Knowsley Clinical Commissioning Group (CCG) that in the coming months the CCG will be significantly reducing funding to several Knowsley GP practices, and this includes all of Aston Healthcare practices. We have written to all patients and have invited views to be shared online in the survey (link below) and via discussion groups which also being held online.

If you would like to join a carers group discussion, it is taking place online on **31st March 2022 at 1.00-2.30 p.m.**

[Click here for more background information.](#)

Please telephone **0151 244 4578** and leave your contact details on the answerphone and our team will contact you.

We also have an online survey is open from 7th March until 15th April 2022. Please click the link or type in into your

browser to access the patient and public survey.

<https://www.surveymonkey.com/r/Astonpatientpublic>

You can also scan this QR code on your phone or tablet camera to access the survey



Knowsley Carers Centre has another way that you can stay in touch with us. Using Facebook you can keep up to date with all our news and events.

We'd love you to join us!

Get involved and help us promote the work of Knowsley Carers Centre

ID cards pass 2000 barrier!!

As we go to press 2088 cards have been made, that's over 37% of all carers registered with us. Some quotes from carers who use the card.

"Thanks to having the card, I am able to go into appointments with my daughter at the hospital as she cannot face them alone, therefore she would not get the treatment she needs."

"I use mine when my dad attends hospital appointments, I was asked to wait in the foyer, I remembered my card and showed it to them and I was allowed to be at his side throughout his appointments."



"I've used mine to get reduced or free admission to the cinema, bowling, Chester Zoo and Knowsley Safari Park."

"I went to the doctors to collect a letter for my wife who is disabled. They weren't going to let me take the letter but when I showed the card they let me take it."

If you haven't got your card yet just email a photo to Judy – don't forget to give your name and address so she knows who you are

judy@knowsleycarers.co.uk If you want more information you can call Judy on **07525 638 093**

Some cards are coming up for

renewal. If you have been in touch with us recently your new card will be sent automatically as we know you are still caring. If it has been over 12 months we will contact you in plenty of time just to see how you are doing and check you are still at the same address.

Making a Difference *together*

Join the STHK Patient Participation Group today

To ensure our services continue to meet the needs of all our patients, we want to hear from you.

Have your say and share your thoughts. Join other patients, carers, and staff in helping us to improve care and develop services in our Trust.

You can:

- Attend face to face or virtual meetings via Microsoft Teams throughout the year
- Send your thoughts via email

OR

- Simply stay up to date with developments in the Trust by signing up to receiving emails from the group.

Open to everyone. Members of community groups, genders, ages (over 18s), ethnicities, people who identify as LGBT+ and people with disabilities are all encouraged to join.

To join, please email patientexperienceteam@sthk.nhs.uk and include your full name, email and telephone number.

Want to know more? Search 'Patient Participation' on the Trust website
Visit sthk.nhs.uk

Kirkby Fibro Friends

Do you support someone who has Fibromyalgia or other Chronic Pain conditions?

Do you suffer with Fibro or other Chronic Pain condition.

Kirkby Fibro Friends is a Support Group running at Knowsley Cares Centre every Friday from 12.15 to 2.45. We are a friendly, informal group of people who understand living and/or caring for someone with Chronic Pain Conditions.

If you are interested please give Michelle a call on

07845648934

or find us on Facebook
@kirkbyfibrofriends

Knowsley Tourettes And Tics Support

Do you support someone who has Tourettes Syndrome?

Maybe a friend, your child or other family member.

We are pleased to announce that Knowsley Tourettes and Tics Support is be running at **Knowsley Carers Centre**.

KNOTS is a friendly, informal group where you can chat with others who know what it's like to support someone with Tourettes Syndrome.

KNOTTTS is on from 10 am to 12. We are there every other week from 1st April 2022.

If you are interested please give Michelle or Brian a call on

07845648934

Or

07957164765

or find us on Facebook
@knowsleytourettes

THE CARER'S EMERGENCY CARD



Peace of mind for carers in Knowsley

What is the carer's emergency card?

If you look after your partner, disabled child, relative or friend who relies on your support you could receive a carer's emergency card. If you were involved in an incident, accident or emergency, then you, another person or the emergency services would use this card to contact the 24 hour telephone response service to make sure the person you care for is safe and well. By carrying one, ideally in your purse or wallet, you can be confident that the person you care for won't be left without the support they need.

How much does it cost?

Nothing – the card and any emergency care that may be needed in the first 48 hours is free to all carers resident in Knowsley.

How to register with the Carer's Emergency Card scheme

You can download a registration form from :

http://www.knowsleycarers.co.uk/forms/6084.18_carers_registration_form.pdf

Once completed it should be posted to :
Home Care Link (CC)
Freepost LV5348
Ormskirk, Lancashire, L39 2HT

Dementia Support Knowsley



Living with dementia at any time brings challenges. If you need support we are here for you in 2021.

knowsley@alzheimers.org.uk

How to get person- alised one-to-one support

Contact our Knowsley dementia support worker between 9:00am - 5:00pm Monday to Friday

Melanie Campbell

melanie.campbell@alzheimers.org.uk

07525 403 832 or 0151 426 4433

We can help with issues such as:

- Understanding a diagnosis of dementia
- Legal matters including Lasting Power of Attorney
- Managing your money and benefit entitlements
- Living well with dementia and keeping active
- Support with everyday tasks and getting further help

Have YOUR Say about your local hospital and community services



Have you recently attended or visited your local hospital? Or accessed health care services within the community, such as podiatry, phlebotomy or physiotherapy?

Have you had any problems accessing your these services or have you experienced any delays or cancellations, including operations and appointments?

Healthwatch Knowsley are keen to hear from carers about their experiences of both hospital and community services, particularly during the pandemic. If you have recently accessed or tried to access your local trust you can provide your comments via our Feedback Centre:

www.healthwatchknowsley.co.uk

If you would prefer to speak to someone directly, please feel free to contact Healthwatch Knowsley staff on: **0151 449 3954**

Also, if you have feedback regarding any other health or social care service, please go to: www.healthwatchknowsley.co.uk

We look forward to hearing from you!

Shake off the Winter Blues

with one of our forthcoming trips



Llandudno

Wednesday 11th May 2022



Blackpool

Wednesday 15th June 2022



Llangollen

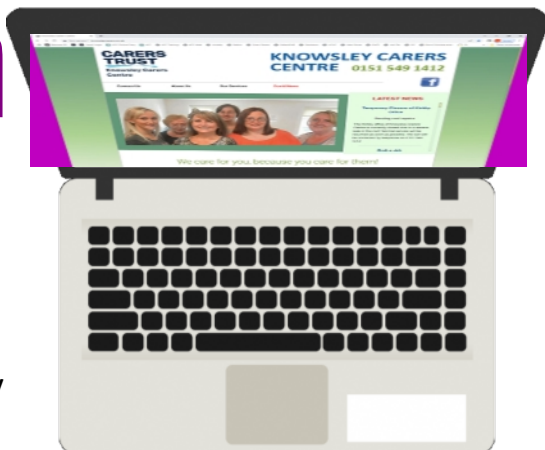
Wednesday 6th July 2022

**Please contact Knowsley Carers Centre on
Tel 0151 549 1412 to express your interest**

IT Drop-In

Come along and brush up your IT skills and learn something new.

Knowsley Carers Centre IT group meets every Tuesday at 10.00 am at our office in Bewley Drive, Kirkby L32 9PE





Amputation
Foundation



The Amputation Foundation is a unique charity based in St Helens. We offer help, support and advice to amputees, carers and their families across Merseyside. We hold a friendly monthly support group on the last Friday of every month at 10am. Here you can meet people in similar situations and share experiences that will help one another.

VENUE - The Sticky Wicket Bar and Grill, Ruskin Leisure, Ruskin Drive, St Helens, WA10 6RP

Please contact Jackie
j.palmer@amputationfoundation.org
01744 808850

Coffee Groups to Resume Soon

Knowsley Carers Centre Coffee Groups will be resuming shortly. Our coffee groups are held at Knowsley Carers Centre in Bewley Drive, the Old Schoolhouse, St John's

Road, Huyton and New Hutt in Halewood.

It's always good to get together for a chat and a laugh over a cuppa.

More information will be posted on our website as soon as dates are available.



FREE training courses for you and your Personal Assistants at home



Latest News!



KDC is offering free training for you and your PA's in the comfort of your own home.

No need to travel outside to a training venue, the trainer will come to your home, fully equipped with PPE to make sure it's safe.

- **Emergency First Aid – Full day course**
- **Moving and Handling Risk Assessment and Personalised Plan**
- **Moving and Handling People –delivered in your home**

CHERRY TRAINING



Cherry Training source training courses nationwide. They connect people with the very best training options that will suit their needs and fit flexibly in with their lives.

SKILLS FOR CARE

Funded by



Skills for Care helps create a well-led, skilled and valued adult social care workforce.

How to Book?

Email Andy Gilbert with your name, your contact number and the name of your employer andy.gilbert@kdc.org.uk. You will then receive confirmation from Cherry Training about your booking and arrangements for the date of training delivery. The training will need to be completed by 31 May 2022

How are courses going to be delivered?

The training is delivered at your home with a skilled and experienced trainer. All trainers are COVID secure and will have PPE.

Are courses certified?

Courses are fully certified. Once you successfully complete a course you will receive the certificate from Cherry Training.

How long do courses take to complete?

All the training is one day courses. You can agree start and finish times directly with Cherry Training

Will I be paid for completing the training?

Yes, once you have completed the training and we have received confirmation from Cherry Training, you will be paid for every hour of the training at your usual basic pay.

Moving and Handling Risk Assessment and Personalised Plan

Clients employing personal assistants are often very aware of the need to provide manual handling training for their employees. Well-designed, tailored and competently delivered manual handling training is not only a legal requirement, but also aims to raise awareness of the manual handling risks in general and gives employees an opportunity to observe and then to practice specific methods of assisting their employer to move.

We would recommend that a personalised Moving and Handling Risk Assessment and Plan is developed for you and your personal assistants, whereby the trainer would arrange to visit and carry out an assessment of the current procedure.



Moving and Handling People

This training is delivered in the client's own home, using the exact environment and equipment that is used in daily activities. The training emphasises the individual needs of each client and stresses the importance of balanced decision-making, where the needs and wishes of the client regarding mobility assistance are balanced with the need to keep the assistants reasonably safe. Course Outline:

Theory

Introduction

- Legal aspects of manual handling people
- Manual handling risk assessment
- Professional guidance
- Safe movement principles

Practical

Practical tasks appropriate to the client, such as

- Assisted standing
- Assisted walking
- Rolling
- Hoisting
- Stand-aids
- Manual lifting of small children

Emergency First Aid

This qualification (3 year) introduces candidates to the roles and responsibilities of a first aider and the legal requirements for first aid provision. It outlines the skills required for first aiders in lower-risk workplaces to manage first aid calmly and confidently:

- The importance of accurate incident reporting
- The need to minimise the risk of infection
- Undertaking a primary survey
- Assessment and management of first aid incidents
- Management of a casualty who is choking
- Management of a casualty who is in shock
- Cardiopulmonary resuscitation
- Shock
- First aid equipment and its safe use
- The importance of assessing an incident
- When and how to call for help
- Management of an unconscious casualty
- Management of a casualty who has a bleeding injury
- Recovery position
- Bleeding
- Management of a casualty who is not breathing normally

Your views and comments are important to us

Healthwatch Knowsley makes sure your views on local health and social care services are heard. If you have received a service from Knowsley Carers Centre—whether that be information support, advice or any other service, please feedback your comments to the Knowsley Healthwatch website www.healthwatchknowsley.co.uk

If you are using the Healthwatch Knowsley website to leave feedback about Knowsley Carers Centre, why don't you leave feedback about your GP surgery at the same time? It is really important for us to hear how people are accessing services.



Young Carers Service

Our Young Carers Service is accepting referrals and we can now conduct home visits to complete Young Carers Assessments. Alternatively, this can be done over the telephone if you are not comfortable with us visiting. We can provide advice or support over the phone and we're available to chat. The Me Time programme provided by Vibe is up and running, they are providing our Young Carers with activities that they can do together in a safe environment like in the park. Please feel free to contact Chris Wong on 07717 301 325 or Tracy Mythen 07919111273 if you would like further information or know any child/young person who is looking after someone and would like



WELFARE BENEFITS ADVICE



Our Benefits Advisor, Paul Murphy continues to provide telephone advice, information, benefits calculations, and support to help complete forms.

Please call on 0151 549 1412 leaving clear contact details or email enquiries@knowsleycarers.co.uk

FREE ON-LINE TRAINING COURSES FOR PERSONAL ASSISTANTS



Latest News!



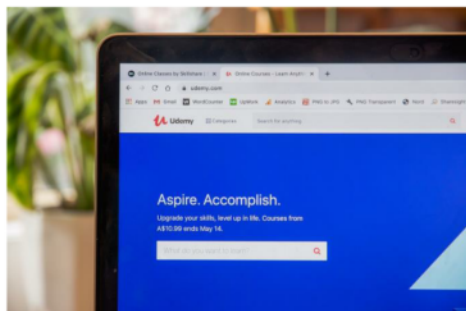
KDC is offering a free programme of e-learning courses to all Personal Assistants working in Knowsley.

- Dementia Awareness
- Nutrition and Hydration
- Stroke Awareness
- Epilepsy Awareness
- Anxiety

E-Learning is a fantastic way to develop your knowledge and succeed in your caring role!

The benefits of E-Learning courses are:

- ✓ Develop your knowledge and skills at a time and place that suits you
- ✓ All course materials are included for you to take your test at the end of the course!
- ✓ All courses are CPD certified – enhance your CV!
- ✓ Upon completion, you can download your certificate for free and is yours to keep!
- ✓ Friendly support at the end of the phone or just an email away if you have any questions!



Cherry Training

Cherry Training source training courses nationwide. They connect people with the very best training options that will suit their needs and fit flexibly in with their lives.

Funded by



Skills for Care

Skills for Care helps create a well-led, skilled and valued adult social care workforce.

How to Book?

Email Andy Gilbert with your name, your contact number and the name of your employer andy.gilbert@kdc.org.uk. You will then receive confirmation from Cherry Training about your booking and the link to access the course

How are courses going to be delivered?

Courses are delivered online and work on any internet enabled device. As long as you have access to an internet connection you can complete courses when and where you like 24 hours a day.

Are courses certified?

Courses are fully certified. Once you successfully complete a course you can download the completion certificate FREE of charge.

How long do courses take to complete?

Some of the shorter courses will take an hour to complete. Some of the bigger ones will take longer and depends largely on each individual's learning speed.

Will I be paid for completing the training?

Yes, once you have completed the training and we have received confirmation from Cherry Training, you will be paid 2 hours per course at your usual basic pay.

Dementia Awareness

This course aims to raise your awareness and develop your understanding of dementia. The course explores the four main types of dementia together with their causes.

You will examine the signs and symptoms that may indicate dementia before considering how it is diagnosed and why an early diagnosis is important.



Anxiety

This course aims to introduce you to the topic of Anxiety and the different anxiety diagnoses in health and social care.

The anxiety course begins by explaining what anxiety is, how prevalent it is and why individuals may experience heightened anxiety in their daily lives. The course goes on to distinguish between fear and anxiety, before outlining the symptoms of anxiety disorders including the emotional, physical and behavioural symptoms.

Epilepsy Awareness

This course is designed to enable you to increase your awareness of the health condition, epilepsy.

The course begins by exploring the meaning of the term epilepsy, including defining the term, the prevalence rates and the causes of epilepsy. The course then explains the different types of seizures an individual may experience, including generalised, simple and complex focal seizures, absences and tonic seizures, atonic and myoclonic seizures.

Nutrition and Hydration

This course aims to introduce you to the topic of nutrition and hydration in Health and Social Care.

The course explains the main food groups, sources of essential nutrients and the impact of poor diet on health and wellbeing. It then outlines the current national guidance on healthy eating and explains adaptations different groups may require in relation to a balanced diet.

Stroke Awareness

This course aims to increase your knowledge and understanding about strokes and the impact they can have on an individual's life.

The course begins by explaining what a stroke is, the prevalence of strokes in the UK, how they are caused, the different types of strokes and their subtypes.

You will learn about the factors that increase the risk of a stroke and the main causes of a stroke and how to reduce the risk of a stroke.

Knowsley Parent Carers Voice

Knowsley Parent Carers Voice (KPCV) are a group of parent carers who provide opportunities for parents to meet in similar situation's to themselves. We share disability information advice and services across our social media platforms so families can get the help and support they need. We have KPCV groups across all the usual social media platforms, each month we host SEND information coffee events borough wide with a variety of guest speakers, based on the direct feedback we receive.

No need to book on just turn up all welcome!

Are you looking for a new challenge? KPCV welcome any Knowsley Parent Carer to volunteer with us, please email infokpcv@gmail.com and ask about volunteering opportunities.

KPCV SEND COFFEE EVENTS



KPCV COFFEE MORNINGS 2022

10AM - 12PM

28/04/22 KNOWSLEY CENTRAL (THUR)

20/05/22 BLUEBELL PARK (FRI)

20/06/22 YEW TREE PA (MON)

12/07/22 STOCKBRIDGE VP (TUES)

14/09/22 KNOWSLEY CENTRAL (WED)

13/10/22 NORTHWOOD CP (THUR)

18/11/22 BLUEBELL PARK (FRI)

05/12/22 YEW TREE PA (MON)

No need to book for further
information please contact KPCV
infokpcv@gmail.com
07376233141/07368117415

SELF EMPLOYED VACANCIES IN KNOWSLEY - SUPPORTERS HELPING OLDER PEOPLE

SHOP (Supporters Helping Older People) is a project of Better Lives (formerly KPAIS) We deliver a quality support service across Knowsley.

SHOP offers several services to clients within their own homes which include; shopping, light housework, decluttering and our CORE companionship service, to enable people to maintain their independence and remain at home.

Better Lives are looking for **Self Employed** sessional supporters to provide these services to our clients across the Knowsley Borough. SHOP will provide all training and support necessary to assist you to fulfil this role including PPE masks whilst we continue to challenge the spread of Covid-19.

Hours are paid sessionally at £10. ph which includes any travel costs for

shopping calls etc. This is a self-employed role and individuals are responsible for the accurate recording and reporting of their own earnings to the HMRC.

Locations of work and hours, can vary across Knowsley
Staff will be required to provide references, work history (if applicable) and to complete an enhanced DBS. Drivers essential.

We look forward to receiving applications from our local community.

We require Supporters to provide a quality service to our clients.

If you think you fit the criteria then call **0151 449 3706** Mon – Friday 9.30am – 4pm for further information and an application form.

TO CONTACT KNOWSLEY CARERS CENTRE

Knowsley Carers Centre continues to provide services during the Covid 19 outbreak.

You can contact us in the following ways:

By Tel: 0151 549 1412 (please leave a clear message and contact details)

or by email to enquiries@knowsleycarers.co.uk

PAYROLL TEAM LEADER

Huyton Merseyside

Full-time 35 hours per week

Salary £25,000 per annum

12 month fixed term



Due to the growth of the business, a new role has been created for a Payroll Team leader to join and support a busy team of four and reporting to the Service Manager. The role is based in Huyton, Merseyside and the opportunity for hybrid working exists.

The Role

We are seeking to appoint a full-time experienced Payroll Team Leader to lead a team of four payroll administrators (2 apprentices) and take overall responsibility for operational delivery and customer service and continuous improvement. The successful applicant will be

- CIPP qualified or similar qualification

- Experienced in the use of payroll systems

- Possess in depth knowledge of payroll and pension processes, including HMRC and PAYE

- Possess excellent communication skills

- Experienced in managing and supporting staff

- Experienced in performance management

The organisation

Your Payroll is an award-winning payroll bureau service serving approximately 1,000 satisfied clients, chiefly based in Merseyside. With ambitious plans to increase our customer base by exploiting opportunities within the social care, public and private sector markets across the UK, this is a great opportunity to join a fast paced, growing organisation. Your Payroll is unique in that it donates all its profit to charity

To Apply

Email recruitment@kdc.org.uk for a full information pack and application form, or download from the links below

Closing date for completed application forms is 31 March 2022.

Interviews will be held on Thursday 7 April 2022.

For an informal discussion about this post, contact Karl Pearce CEO on 0151 480 4090.

***Note:** Your Payroll is a trading subsidiary of Knowsley Disability Concern, a charitable organisation providing a range of services helping disabled and disadvantaged people to enjoy independence and have choice and control in their lives. For more information visit www.kdc.org.uk. Registered as a Company in England & Wales No. 5002948 | A subsidiary of Knowsley Disability Concern Reg Charity No 1103477*

We are committed to inclusion and diversity, and welcome applications from people with a disability or long-term health condition. We guarantee an interview to disabled candidates who meet the essential criteria marked *

<https://www.kdc.org.uk/wp-content/uploads/2022/03/YP-Team-leader-Information-Pack-2022.pdf>

https://www.kdc.org.uk/wp-content/uploads/2022/03/Payroll-Team-Leader-JD_PS.pdf

<https://www.kdc.org.uk/wp-content/uploads/2022/03/Your-Payroll-Application-form-2022.docx>

Direct Payments

Giving you CHOICE and CONTROL

Do you have health and social care needs - or know someone who does?

did you know?

- you can choose how your care and support is provided
- you can decide who does your care and when it happens

To find out more about Direct Payments and how they can help.

Call us on **0151 480 8873**

Email: **info@kdc.org.uk**

Visit our website: **www.kdc.org.uk**

We make it simple and straightforward for you to use Direct Payments and with our help you can employ your own carers (personal assistants).